

EATING LIGHT

FRESH DEALS

MARCH 1ST - MARCH 21ST



Mt Sterling Co-op
Raw Goat Milk Cheddar
Sale \$5.99/ea
save \$2.00/ea



Glutenberg
Gluten Free Beer 4pks
Sale \$9.99/ea
save \$2.00/ea

Chatham Marketplace Buzz Cafe
Edamame Black Bean Salad
Sale \$6.99
save \$2.00/lb



lovine
Falanghina Pompeiano
Sale \$10.99/ea
save \$3.00/ea



Organic
Asparagus
Sale \$3.99/lb
save \$2.00/lb



Plainville
Ground Turkey
Sale \$3.99/ea
save \$1.50/ea



Naked Chicken
Local Whole Chicken
Sale \$2.99/lb
save \$.30/lb



Organic
Gala Apples
Sale \$1.99/lb
save \$2.00/lb

Chatham Marketplace Buzz Café
Elderflower Latte 16oz
Sale \$2.99/ea
save \$.50/ea

